

Table 4. Starting dose and titration schedule of memantine

Drug	Starting Dose	Titration Period	Dose Increase Per Titration	Usual Effective Max Dose
memantine	5 mg	4 wks	5 mg	10 mg b.i.d.

Potential Drug Interactions

Major drug interactions associated with memantine include drugs which increase the pH in urine (e.g. carbonic anhydrase inhibitors). Exercise caution when prescribing memantine with other drugs which undergo renal tubular secretion. Dofetilide is considered a very severe risk, due to the potential for causing arrhythmias. The effects of dopamine agents will be increased when co-administrated with memantine.

Other Agents: Use of Ginkgo Biloba, Vitamin E, anti-inflammatory drugs (such as NSAIDs), estrogen and statins is not recommended. There is insufficient evidence of treatment efficacy and/or concerns have been raised about possible increased risk of negative health impacts.