



# DEPRESSION PATIENT CARE FLOW SHEET



NAME OF PATIENT	BIRTHDATE
DIAGNOSIS <input type="checkbox"/> Single episode <input type="checkbox"/> Recurrent episode <input type="checkbox"/> Chronic episode	TELEPHONE NUMBER
COMORBID CONDITIONS <b>PSYCHIATRIC:</b> <input type="checkbox"/> Alcohol/drugs <input type="checkbox"/> Mania/Hypomania <input type="checkbox"/> Past suicide attempt <input type="checkbox"/> Anxiety disorder  <input type="checkbox"/> Other: _____	PHN
<b>MEDICAL:</b> <input type="checkbox"/> Respiratory <input type="checkbox"/> Neurological disorder <input type="checkbox"/> Cancer <input type="checkbox"/> Hypertension <input type="checkbox"/> Other endocrine <input type="checkbox"/> Diabetes <input type="checkbox"/> Kidney disease <input type="checkbox"/> Arthritis <input type="checkbox"/> Heart disease <input type="checkbox"/> Liver disease  <input type="checkbox"/> Other: _____	EMPLOYMENT STATUS <input type="checkbox"/> Employed <input type="checkbox"/> Unemployed <input type="checkbox"/> Student <input type="checkbox"/> Retired <input type="checkbox"/> Homemaker

		DATE (YY/MM/DD)					
ACUTE TREATMENT (8-16 WEEKS)	PSYCHOTHERAPY (CBT/IPT/PST)	Referral made ✓					
		Ongoing ✓					
	ANTIDEPRESSANTS	Medication/Dose →					
		Side effects monitored →					
	PSYCHIATRY	Referral made ✓					
		Ongoing ✓					
	SUICIDE RISK	Assessed ✓					
		Management plan documented ✓					
	PHQ-9 (Remission: <5)	Q1 Score →					
		Q2 Result →					
SELF-MANAGEMENT (education/community, resources, social supports)	Goals set and/or reviewed ✓						
ER VISIT OR HOSPITALIZATION	Follow-up visit (within 7 days) ✓						
PLANNED FOLLOW-UP	<b>W</b> (weekly) <b>B</b> (Bi-weekly) <b>O</b> (other) →						
MAINTENANCE TREATMENT (6 MOS - 2 YRS OR LONGER)	RISK FACTORS FOR RELAPSE	<b>Y</b> (cont. meds 2 yrs) <b>N</b> (cont. meds 6 mos) →					
	ANTIDEPRESSANTS	Medication/Dose →					
		Side effects monitored →					
		Tapering Plan (discont symp discussed) ✓					
	PSYCHIATRY	Referral made ✓					
		Ongoing ✓					
	PHQ-9 (Remission: <5)	Q1 Score →					
		Q2 Result →					
SELF-MANAGEMENT (incl discussion of relapse prevention)	Goals set and/or reviewed ✓						
PLANNED FOLLOW-UP	<b>M</b> (monthly) <b>6</b> (6 mos) <b>O</b> (other) →						